The crown has 3 positions:
1. Normal position: recessed
2. Extended position: to set the date
3. Fully extended position: to set the time

NOTE: You must always push in and screw down the crown to form a water-resistant seal with the case. Never operate the crown when the watch is wet.

SETTING THE DATE AND THE TIME
A. Unscrew the crown by turning it toward you, then pull out crown to position 2.
B. Turn the crown away from you until the date showing is the day before the desired setting.
C. Pull out the crown to the fully extended position (3) and rotate toward you. When midnight is reached, the date will advance to the desired date. Continue to turn the crown until the desired time is set. Remember that the date advances at 12:00 midnight, not 12:00 noon.
D. Push in the crown and screw down, away from you, until it is sealed tight into its normal position (1). The date and time are now set.

TO SET TIME ALONE: Unscrew the crown by turning it toward you to get to unscrewed position (2) and refer to instructions “C”.
SETTING THE TIMERS TO ZERO

- Set the hand of the 30 minute timer to zero
- Set the hand of the 60 second timer to zero
- Set the hand of the 1/10 second timer to zero

DISPLAY-WATCH HANDS

- 60 second timer (Split-seconds hand)
- 30 minute timer
- Pushbutton C
- Pushbutton B
- Pushbutton A
- Date indicator
- Minute hand
- Seconds hand
- Hour hand
SETTING THE TIME AND CORRECTION

Note:
Setting crown in position 3: STOP-SECOND

Warning:
Before starting the time, put back the chronograph hands to their original position.
If necessary, see paragraph Setting the Timers to Zero (page 7).
TIMING MODE - Add Function

1. Start  
2. Stop  
3. Restart  
4. Stop (split second)  

Crown in position 1  

Reset to zero  

TIMING MODE - Split Time

1. Start  
2. Stop  
3. Restart (split second)  

Crown in position 1

Read first intermediate time: 1 minute, 57 sec., 6/10 sec.
TIMING MODE - Split Time (cont.)

**STOP**
Read second intermediate time:
3 minutes, 5 sec., 4/10 sec.

**RESTART**
(split second)

Crown in position 1

**Note:**
The time captured can be 30 minutes at max. (exclusive worldwide function).

**Order of functions**
4 to 5

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TIMING MODE - Split Time (cont.)

**STOP**
Read last time:
8 minutes, 11 sec., 6/10 sec.

Crown in position 1

**RESET to zero**

**Order of functions**
6 to 7
**TIMING MODE - Memo Function**

1. **START**
   - Crown in position 1

2. **STOP**
   - Read first intermediate time: 1 minute, 35 sec., 5/10 sec.

3. **RESTART**

4. **STOP**
   - Read second intermediate time: 2 minutes, 10 sec., 8/10 sec.

5. **STOP**
   - Read last time: 3 minutes, 30 sec., 8/10 sec.
TIMING MODE - Memo Function (cont.)

Read last registered intermediate time
(2 minutes, 10 sec., 8/10 sec.)
Read last measured time

6. Pushbutton C:
   Read again last registered intermediate time

7. Pushbutton C:
   Read again last measured time

Timing restart without resetting to zero
Crown in position 1

TIMING MODE - Fly-Back Function

1. START
Crown in position 1

2. Fly-back
Timing restart without resetting to zero
**BATTERY**

Your timepiece may be powered by a 1.55 volt silver oxide watch battery. **DEAD BATTERIES SHOULD BE REPLACED IMMEDIATELY.** Substituting interchangeable batteries is not recommended. Battery change should be performed by a qualified technician who should also check the condition of the gaskets and the O-ring at the same time. Battery is not covered by the warranty.